

THE TRAINER

RUNTIME: 95 MINS

LOGLINE

Jack Flex, a fitness expert living with his mother in Los Angeles, takes a maniacal swing at fame and fortune in pursuit of the American Dream.

SYNOPSIS

Maverick director Tony Kaye goes comedic with this absurdist romp across L.A. following penniless, musclebound “creative genius” Jack Flex as he maniacally pursues his dream to appear on his mom’s favorite home shopping channel and sell the Heavy Hat, an obviously dangerous fitness gadget that apparently “increases the flow of Hope Molecules to the brain.” Jack gets his shot at success (and love) when he meets a network staffer equally desperate for her own big break; too bad his pitch was full of lies about being a Hollywood trainer with celebrities willing to endorse him. Now Jack has one week to deliver on his promises - the ultimate challenge for an adrenaline junkie conman so steeped in delusions of grandeur that he can’t tell fiction and reality apart.

DIRECTOR'S STATEMENT

I care about acting more than anything else. The getting of a performance is to me the single most important part of my endeavor. To me the 3 most important things about motion picture, and sound manufacturing is 1. Who is in front of the camera, 2. Who is in front of the camera, and 3. Who is in front of the camera. I care only about the human condition. All else to me is secondary. When I met Vito Schnabel in 2023, I knew he was an actor.

I knew instinctively, intuitively, that he had to become an actor. I had heard that he'd written a screenplay. So I begged him to star in the movie, and let me direct it. Then I brought in Julia Fox, to support him. I knew that she was without a doubt, the only actress to play opposite him. Then Bella Thorne, Paige Tylour, Paris Hilton, Lenny Kravitz, FINNEAS, Stevie Van Zandt, Beverly D'Angelo, Gina Gershon, Stephen Dorff, and many others came in also, to grace us with their God given gifts.

Tony Kaye

CAST & CREW BIOS

TONY KAYE – DIRECTOR

Tony Kaye (b. 1952) is an English director of films, and documentaries, *American History X*, [1996] nominated for an Academy Award for acting in the lead role by Edward Norton. *Lake Of Fire* [2006] a documentary about the abortion debate in the United States of America. Shortlisted for an Oscar, and nominated for an Independent Spirit Award, and listed on many top ten best movie lists of 2006. The movie was written, directed, photographed, and produced by Kaye. *Detachment* starring Adrien Brody, James Caan, Lucy Liu, and Marcia Gay Harden [2011] Won the Revelations Prize, and The International Critics Award, at The Deauville American Film Festival. Nominated for Best Director, and the Grand Prix, and winning The Best Artistic Contribution, at The Tokyo Film Festival. Won Best Foreign Language Film at The Sao Paulo Film Festival. Won Best Picture, at The Ramdam Film Festival in Tournai, Belgium. Won The Maverick Award, at The Woodstock Film Festival. Kaye has also directed music videos for acts including Johnny Cash, The Red Hot Chili Peppers, Roger Waters, and Chrissie Hynde, and Jackson Browne. Winning a Grammy Award, for Johnny Cash's God's Gonna Cut You Down starring Bono, Sheryl Crow, Johnny Depp, Sharon Stone, Keith Richards, Chris Martin, Kate Moss, Chris Rock, Rick Rubin, Patti Smith, Justin Timberlake, Kanye West, Brian Wilson, and Owen Wilson. The Dixie Chicks (now known as The Chicks), Flea, Billy Gibbons, Whoopi Goldberg, Woody Harrelson, Dennis Hopper, Terrence Howard, Jay-Z, Mick Jones, Kid Rock, Anthony Kiedis, Kris Kristofferson, Amy Lee, Tommy Lee, Adam Levine, Shelby Lynne, Graham Nash, Iggy Pop, Lisa Marie Presley, Q-Tip, Corinne Bailey Rae, Kaye has also been nominated for 4 other Grammys for Roger Waters, Chrissie Hynde, The Red Hot Chilli Peppers, and Jackson Browne. Won an MTV Award for Best Director for Dani California, by the Red Hot Chili Peppers, also nominated for 10 other MTV Awards.

Kaye has also directed commercials for brands, such as Nike, Adidas, Raebok, Tag Heuer, Volvo Motor Cars, Dunlop Tyres, and Nina Ricci Perfume. He is the single most awarded director in the history of British advertising.

VITO SCHNABEL – SCREENWRITER, PRODUCER, ACTOR

Vito Schnabel (b. 1986, New York, NY) is an art dealer, filmmaker, and actor. He is the founder and owner of Vito Schnabel Gallery, which has two spaces in New York and one in St. Moritz, Switzerland, and is devoted to modern and contemporary artists and estates. Schnabel wrote, produced, and starred in an upcoming feature film *The Trainer* (2024), a dark comedy based on an original story by Schnabel and directed by Tony

Kaye. He recently appeared in Ryan Murphy's series *Feud: Capote and the Swans*, directed by Gus Van Sant. Schnabel is producer of *In the Hand of Dante*, an upcoming American-Italian drama film, written and directed by Julian Schnabel. It is based upon the novel of the same name by Nick Tosches, and stars Oscar Isaac, Jason Momoa, Gerard Butler and Gal Gadot. Martin Scorsese serves as an executive producer.

JULIA FOX – ACTOR, BEE LUCIANI

Julia Fox, the Italian-American actress, *New York Times* bestselling author, and artist, is a dynamic force in entertainment and creativity. Fox recently made her hosting debut on her sustainability-focused fashion competition series "[OMGFashun!](#)" Following this, she takes on the role of the female lead opposite Marlon Wayans in Universal's highly anticipated psychological thriller "HIM," directed by Justin Tipping and produced by Jordan Peele. Reuniting with Steven Soderbergh after her role in "No Sudden Move," Julia stars in the upcoming thriller "Presence" alongside Lucy Liu, the film was recently acquired by Neon after premiering at Sundance. Fox rose to prominence on screen with her debut performance in the critically acclaimed film *UNCUT GEMS*, opposite Adam Sandler and directed by Benny and Josh Safdie.

BELLA THORNE – ACTOR, ELEKTRA

Annabella Avery Thorne (born October 8, 1997) is an American actress, singer, and writer. She first received recognition for her roles as Margaux Darling in the series *Dirty Sexy Money* (2007–2008) and as Ruthy Spivey in the drama series *My Own Worst Enemy* (2009), the latter of which earning her a Young Artist Award.. Thorne gained prominence for her role as CeCe Jones on the Disney Channel series *Shake it Up* (2010–2013), for which she received several awards and nominations, including winning an Imagen Award. Thorne has since appeared in numerous feature films, including *Blended* (2014), *The Babysitter Film Series* (2017–2020). She received praise for her roles in *THE DUFF* (2015), *Amityville the Awakening* (2017), *Infamous* (2020), and *Divinity* (2023). Thorne also led the drama series *Famous in Love* (2017–2018), for which she received nominations from the Teen Choice Awards. Bella now prides herself in being an actor, director and short film producer while having launched her own jewelry brand; THORNE. Most recently, her short film, *Paint her Red* (2023) premiered at the Taormina Film Festival to high praise from the industry and won Best Director (2024) at the Mammoth Film Festival. In May 2024, she was titled Global Youth Ambassador for amfAR. She won Best Rising Director at HollyShorts Film Festival August 2024.

JEFF SOLOMON – SCREENWRITER, EXECUTIVE PRODUCER

Jeff Solomon is an actor/comedian/musician based in New York. He studied acting at Stella Adler, composition at Cornell and improv at the Upright Citizens Brigade. He is a co-founder of Elephant Larry, an award-winning sketch comedy group that has performed in every major US city and created videos for CollegeHumor, YouTube NextLab and Broadway Video's Above Average Network that have accrued over 50 million views. His TV work includes Orange Is The New Black, Deadbeat (directed by Troy Miller, Arrested Development), Person Of Interest, the new ABC series Forever and sketch comedy appearances on VH1, MTV and G4, as well as commercials for American Express, McDonald's, Virgin Mobile, Bing, Wall Street Journal, Google, Comedy Central and ESPN SportsCenter.

CREDITS

DIRECTOR

Tony Kaye

ORIGINAL STORY BY

Vito Schnabel

SCREENPLAY BY

Vito Schnabel

Jeff Soloman

SCORE

Anne Dudley

DIRECTOR OF PHOTOGRAPHY

Tony Kaye

EDITED BY

Sam Sneade

Robert Lee

Bob Jenkis

ADDITIONAL EDITING

Rob McGuire

Angelina Shortt

PRODUCED BY

Vito Schnabel

Jeremy Steckler

Tony Kaye

EXECUTIVE PRODUCERS

Rich Kleiman

Kevin Durant

Josh Berger

Rashid Johnson

Jacqueline Schnabel

Jeff Solomon
Seth Campbell
Stavros Niarchos
Michael Hess
George Passwell
Olivier Sarkozy
Jan Koum
Jamison Monroe
Eli Bronfman
Erik Torstensson
Aryeh Bourkoff
Patrick Finnegan

CASTING BY

Deanna Brigidi, CSA

COSTUME DESIGNER

Kim Bowen

GRAPHIC DESIGN

Planning Unit

POST PRODUCTION

Molinare

COLORIST

Carl Thompson

POST PRODUCTION MANAGER

Chloe Hughes

VISUAL EFFECTS

True Color Films

VISUAL EFFECTS EXECUTIVE PRODUCER

Alvaro Vogel

VISUAL EFFECTS SUPERVISOR

Yan Hirschbuehl

POST PRODUCTION

Blackball

EXECUTIVE PRODUCER

Lorenzo Cefis

POST-PRODUCER

Giulia Negretto

SOUND DESIGN

Soundnode

SOUND ENGINEER

David Crane

SOUND DESIGNER

Martin Schulz

PRODUCTION DESIGNER

Caroline Foellmer

CAST

Vito Schnabel

Julia Fox

Steven Van Zandt

Beverly D'Angelo

Bella Thorne

Gina Gershon

Stephen Dorff

Lenny Kravitz

Paris Hilton

Allan Góes

Taylor Paige

Colleen Camp

Brock O'Hurn

John McEnroe

Gayle King
Luka Sabbat
Duke Nicholson
Finneas O'Connell
Laird Hamilton
Gavin Rossdale
Soo Joo Park

ADDITIONAL CAST

Mark Lawson
Jeff Solomon
Michael Friedland
Oliver Vaquer
Sandra Seacat
Mr. Chow
Elyssa Kim
Alana Duqum
Derrick Graf
Reef Graham
Tony Kaye

STUNT COORDINATOR

Sean Graham

STUNTS

Daniel Stevens

STUNT DOUBLE - JACK'S MOM

Callie Croughwell

STUNT DOUBLE - MACHO MATTY

Cale Schultz

STUNT SAFETY 1

Ash Aquila

STUNT SAFETY 2

Ballzach Bartholomay

OCTAGON FIGHT COORDINATOR

Erik Paulson

UNIT PRODUCTION MANAGER

George Paswell

FIRST ASSISTANT DIRECTOR

Ryan Young

SECOND ASSISTANT DIRECTOR

Chandra Alexander

ASSOCIATE PRODUCER

Tal Kissos

POST PRODUCTION SUPERVISOR

Frank Merwald

ADDITIONAL CAMERA OPERATORS

Eli Frianks

David Dechant

Brian Gunter

1ST ASSISTANT CAMERA - A CAMERA

Bryant Marcontel

1ST ASSISTANT CAMERA - B CAMERA

Mark Daniel Quintos

2ND ASSISTANT CAMERA - A CAMERA

Alex Myers

2ND ASSISTANT CAMERA - B CAMERA

Dusty Saunders

DIT

Cameron Burrell

CAMERA UTILITY

Erinn Bell

SOUND MIXER

Alex Goens

BOOM OPERATOR

Jim Blank

SOUND UTILITY

Nick Noble

Ethan Rhanielle Lopez

GAFFER

Ryan Breitenbach

James Flynn

BEST BOY ELECTRIC

Kurtis Myers

COMPANY ELECTRIC

Colin Pitt

KEY GRIP

JQ Da Silva

BEST BOY GRIPS

Kary Chapman

Rob Keith

GRIP

Noah Markham

CRANE TECHNICIAN

Richard Fine

SCRIPT SUPERVISOR

Nicole Binnall Abbott

DRAMATURG

Mirarai Sithole

ART DIRECTOR

Matthew Rumer

Christopher Yager

ART DEPARTMENT COORDINATOR

Sara Jaeger

ART PRODUCTION ASSISTANT

Zyan Ha

SET DECORATOR

Marlena Pavich

Matthew Rumer

LEADMAN

Steve Rodriguez

SET DRESSERS

Mike Dukowski

ON-SET DRESSER

Haley Wittick

PROP MASTER

Leonardo Nunez

ADDITIONAL PROP MASTER

Dave Vega

PROPS ASSISTANT

Christine Di Stefano

SPECIAL EFFECTS SUPERVISOR

Eric Frazier

SPECIAL EFFECTS COORDINATOR

Lucas Wimer

SPECIAL EFFECTS FOREPERSONS

Ashley-Dawn Bird

Ilya Churinov

SPECIAL EFFECTS TECHNICIAN

Dennis Lafayette

HEAD MAKEUP ARTIST

Marianna Elias

KEY MAKEUP ARTIST

Desiree Falcon

MAKEUP ARTISTS

Megan Brown

Michelle Garbin

Celina Dalnim Yun

HEAD HAIR STYLIST

Kerry Mendenhall

KEY HAIR STYLISTS

Curt Darling

Joanne Harris

HAIR STYLISTS

Myesha Stark

Wendy Pineda

WIG/PROSTHETIC SPECIALIST

Marc Boyle

WIGMAKER

Wigmaker Associates

ASSISTANT COSTUME DESIGNER

Adrian Lubanski

WARDROBE SUPERVISOR

Ryck Schmidt

SET COSTUMERS

Jean Carson

Jeffrey Brown

Stacy Quintiliano

Jesse Rodriguez

LOCATION MANAGERS

Mitchell Gutman

KEY ASSISTANT LOCATION MANAGERS

Derek Tramont

Shanell McDonald

Jaime Cardenas

ASSISTANT LOCATION MANAGER

Thomas Brown III

LAYOUT BOARD TECH

Christian Virden

ASSISTANT LAYOUT BOARD TECH

Trevin Manuel

SNAKE WRANGLER

Tuesday Torrese

SET SECURITY PROVIDED BY

California Unique Security Services

PERMITTING SERVICE PROVIDED BY

Miles Per Gallon, Inc.

PRINCIPAL CASTING ASSOCIATE

Alexandra Presas

PRINCIPAL CASTING ASSISTANT

Dana Gaier

EXTRAS CASTING BY

Everyset

SENIOR CASTING DIRECTORS

Alex Hannant

Erica Ellingson

SECOND SECOND ASSISTANT DIRECTOR

Michael Melamed

KEY PRODUCTION ASSISTANT

Richard Dalton

SET PRODUCTION ASSISTANTS

Katherine Bloomfield

Lars Keer

Jaqueline Torrez

ADDITIONAL SET PRODUCTION ASSISTANTS

Bailie Robinson

Nick De Luca

Skyler Blaxter

Rielly Alexander

PRODUCTION COORDINATOR

Jennifer Hancock

ASSISTANT PRODUCTION COORDINATOR

Michael Slater

PRODUCTION SECRETARY

Josh Kirschenbaum

OFFICE PRODUCTION ASSISTANTS

Daniel Jones

Keith Rubenstein

Jake Derusso

UNIT PRODUCTION ASSISTANTS

Ronnie Kissos

Colin Edson

Trevor Messenger

PRODUCTION ACCOUNTANT

Joshua Mandel

ASSISTANT ACCOUNTANTS

Jason Mandel

Michael Ullman

SET MEDIC

Patrick Ruvalcaba

COVID SAFETY CREW:

HEALTH & SAFETY SUPERVISOR

Audree Griffith

TALENT COVID COORDINATOR

Alena Valetti

CREW COVID COORDINATOR

Kane Lieu

PREP COVID COORDINATOR

Cate Gundiff

COVID COMPLIANCE OFFICERS

Danica Morrison
Felix Holman
Tom Zmuda

COVID DEPARTMENT PRODUCTION ASSISTANTS

Camille Smalley
Andy Rudick

PRODUCTION ADVISOR

Deno Hart

TRANSPORTATION CAPTAIN

Robert Morton

CO-CAPTAINS

Trent Hara
Fonzi Cook-Saldivar

DRIVERS

Alejandro Reynoso
Ernesto Sanchez
Jeremiah Hauser
Craig Stewart
Manny Anguiano
Sanam Safinia
Larry Tania
Marcos Preciado
Jerry Knight
Roscoe Molina
Benjamin Gonzales
Mark Dobkousky

CATERING PROVIDED BY

Hollywood Caterers, Inc.

HEAD CHEF

Hugo Cortez

ASSISTANT CHEFS

Hector Oswaldo Torres
Kevin Miranda
Omar Vargas
Jonathan Garcia

HEAD CRAFT SERVICE

Brent Rider

ASSISTANT CRAFT SERVICE

Raphael Velasco

POST PRODUCTION:

ASSISTANT EDITOR

Emily Zhai

SUBTITLES BY

Arki' Studio

COORDINATOR

Alessandro Saviozzi

TRANSLATION AND ADAPTATION

Ian Richard
Anna Camilleri

DAILIES PROVIDED BY

Light Iron - A Panavision Company

DAILIES OPERATOR

AJ Raymond

DAILIES PRODUCER

Arthur Tremeau

AUDIO POST-PRODUCTION

Soundnode

SOUND EDITOR

Martin Schulz

FOLEY CREW

TBC

SCORE PERFORMED BY

Chamber Orchestra of London

CONDUCTED BY

Anne Dudley

SCORE RECORDED AT

Air Edel Studio, London

RECORDING ENGINEER

Nick Taylor

MIXING ENGINEER

Roger Dudley

CAMERAS EQUIPMENT PROVIDED BY

Panavision - Woodland Hills

CRANE PROVIDED BY

Specialty Lighting & Motion

LIGHTING EQUIPMENT PROVIDED BY

Breitenbach Group

GRIP EQUIPMENT PROVIDED BY

Luso Grip Co.

WALKIES AND UNIT SUPPLIES PROVIDED BY

Quixote

SCRIPT CLEARANCE RESEARCH BY

Indieclear, Inc., Carol Compton

CLEARANCES BY

Cleared by Ashley, Inc.
Ashley Kravitz

LEGAL SERVICE PROVIDED BY

Business Affairs, Inc.
Steve Monas
Malcolm Ranger-Murdock
Max Newman
Austen Au
Victoria Nakaganeku

INSURANCE

Movieinsure.com

PAYROLL SECURITIES PROVIDED BY

Greenslate
Kerry Laifatt
Jill Taylor

HEAVY HAT STUDIOS THANKS

Jason Momoa
Sharon Stone
Chris Rock
Wei Ai
Jacqueline Schnabel
Julian Schnabel
Bruno Bischofberger
Gus Van Sant
Snoop Dogg
Kevin Love
Charlotte McKinney
Chuck Bennett
Zar Amir Ebrahimi
Austin Brown
Brad Pitt

Juicy J
Petite Weller
Nat Faxon
Hans Ulrich Obrist
Lauren Sanchez
Evan Ross
Kirk Myers
Carla Bruni
Brian Tyree Henry
Bob Colacello
Mr. Chow
Sandra Seacat
Greta Seacat
Alex Dellal
Aryeh Bourkoff
Erik Torenston
Stavros Niarchos